



“Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith. Parents have the mission of teaching their children to pray and to discover their vocation as children of God.” Catechism of the Catholic Church 2226

## FIRST RECONCILIATION CHECKLIST

1. My child knows these prayers very well and has good understanding of them.  
\_\_\_\_\_Our Father \_\_\_\_\_Glory be \_\_\_\_\_Hail Mary \_\_\_\_\_Act of Contrition
2. My child knows there are three persons in One God and can name each person. (The Father, The Son and The Holy Spirit.)
3. My child can explain Grace. (God’s life in our souls. We need Grace to enter heaven.)
4. My child can explain what a sacrament is and give an example of one. (A Sacrament is an outward sign given to us by Jesus to give grace. They are: Baptism, Eucharist, Reconciliation, Confirmation, Holy Orders, Matrimony, Anointing of the sick.)
5. My child has a good knowledge and understanding of the Ten Commandments.
6. My child understands when we break one of the commandments it offends God and is a sin.
7. My child is able to examine their conscience.
8. My child understands what penance is and that it should be done right away.
9. My child is comfortable with the form of Confession.
10. My child knows that the Sacrament of Reconciliation washes away their sins and gives them Grace!
11. My child knows they will be confessing their sins to and forgiven by Jesus in the person of the priest.